Foundations Intensive
Intake Form

Name:_____
Age:_____

1. How do you anticipate this series of workshops could be of benefit to you at this time in your life?

2. Are you currently at a crossroads in your life? If so, please explain.

3. If you have done any exploring around mid-life transition issues already, please describe. (Explorations could be through women's groups, informal meetings, discussions with friends, workshops you have attended, books you've read, etc.)

4. What are the most important mid-life questions you have at this time?

5. Is there anything else you would like us to know that could enhance the workshop experience for you?