Life Coaching Agreement

This is an agreement between Barbara A. Bernard, M.Ed., Life Coach, and _____.
The services provided by your coach in person or tele-coaching are designed jointly with you. Coaching, which is not advice, therapy, or counseling, may address specific personal projects, business successes, or general conditions in the client's life or profession. Other coaching services include value clarification, brainstorming, identifying plans of action, and examining modes of operating in life, asking clarifying questions, and making empowering requests.

All information provided to the coach will be kept strictly confidential.

All coaching appointments are prepaid in person or pay online with Paypal at Chrysalis Works www.wearechrysalisworks.com by following the Life Coaching Link on the main menu.

I agree to provide a minimum of 24 hours notice if I need to reschedule a coaching appointment by contacting Barbara at barbaralifecoaching@gmail.com or 907-694-6987.

_____ _____ _____ _____
client date coach date

A signed copy of this agreement is necessary to begin coaching. You may bring this signed agreement to your first appointment, fax a copy to Barbara at 907-694-8890 or mail a signed copy to:

Barbara A. Bernard
PMB #339
12110 Business Blvd., Suite 6
Eagle River, Alaska 99577